


# RIFT VALLEY FEVER

- Caused by virus obtained from mosquito bites or direct contact with infected livestock
  - Increased risk June-September
  - Increased risk during periods of heavy rainfall
- Symptoms
  - Sudden onset of fever, headache, muscle aches, and back pain
  - Severe symptoms and death possible
- Countermeasures  Prevent mosquito bites
  - Use the DOD Insect Repellent System
  - Sleep under a permethrin-treated bed net
  - Bivouac away from livestock